



PEACE CHRONICLE

The latest peaceworld news, views, and announcements

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We Return Thanks

From THE EARTH IS SORE: Native Americans on Nature
Adapted and illustrated by ALINE AMON

An Iroquois speech handed down from generation to generation:

We return thanks to our Mother, the Earth,
who sustains us -
to the rivers and streams,
that run upon the bosom of the Earth -
to the Three Sisters - corn, beans, and squash -
that support our lives -
to the winds,
that move the air, banishing disease -
to the descending rains,
that give us water and cause all plants to grow -
to the moon and stars,
that give us light when the sun is gone.
We return thanks to the sun,
who looks upon the earth with a fatherly eye.

Tips for a Sustainable Thanksgiving

by *MARISA WHITNEY*

At this time of year, we are all thankful for friends and family, but what about being thankful for our planet? During the holidays, the amount of waste we send to landfills increases by 25 percent! Activist Julia Butterfly Hill has aptly named our tendency toward using single-use items Disposability Consciousness. In an interview with Ajahn Pasanno, Hill says, "In every plastic cup and plastic lid and plastic bag I see the oil fields of Ecuador that I've walked through and the people whom I've worked with in Africa. I now see the Earth being destroyed by our disposability consciousness." As we celebrate this Thanksgiving, let us show our gratitude for the earth and its bounty - not just with our words, but with our actions. Below are some tips to help us honor the earth and ward off Disposability Consciousness.

Use real plates, glasses, cutlery, and napkins. Paper plates and napkins with turkeys on them may be cute, but instead, make your celebration more meaningful with family dishes grandma's goblets, papa's plates, nana's cloth napkins.

Decorate with nature. Thanksgiving is a time to celebrate nature's bounty, so get outside and gather some greenery to adorn your table.

Drink tap water. Drink tap water. Most single-use plastic water bottles end up in the ocean, and in the bellies of sea creatures. That is not the holiday meal Thanksgiving is meant to be, so fill up glass pitcher with tap water, throw in a few slices of orange, cucumber, or strawberry - and enjoy!

Pardon the turkey. Animal lives are not disposable either. There are plenty of delicious, vegan turkey alternatives available. Make the centerpiece of your Thanksgiving meal earth-friendly and animal-friendly.

Our Mission

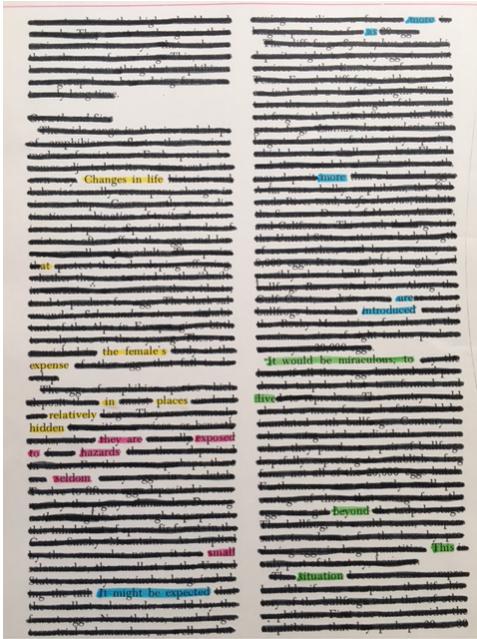
The Golden West College Center for Peace, Justice, and Sustainability is committed to promoting nonviolence, environmental awareness, educational opportunity, and social engagement. Through a wide offering of classes, lectures, film screenings, volunteer programs, and scholarship opportunities, our Center looks toward the future by educating students, faculty, and community members in the areas of peace building and human rights.



Found Poetry Activity

by MARISA WHITNEY, Adjunct English Instructor

Take a page from an old book and search the words until a poem reveals itself. Use art to make the poem emerge on the page. Below are a couple of beautiful poems my students found in an old Audubon book.



#MeToo

Changes in life
 At the female's expense

 In places relatively hidden
 They are exposed to hazards
 Seldom small

 It might be expected more
 As more are introduced

 It would be miraculous
 To live beyond
 This situation

- Abigail

Balance of Nature

Observe
 The area
 Find life
 Without limit
 Star
 Fill the vacuum
 Maintain

- Josh

